



International
MedicalRelief

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ANNUAL

REPORT

BE THE GOOD



Letter from the President

As we reflect on 2024, we are filled with immense gratitude for your unwavering support that has enabled International Medical Relief to make a profound impact across the globe. Your generosity has fueled our mission, allowing us to bring hope, healing, and compassion to those in need. Let us share with you the remarkable journey we've undertaken together this year.

Global Reach, Local Impact: Our dedicated teams have traversed continents, bringing essential healthcare to communities far and wide. Across Asia, Africa, and the Americas, our teams exemplified extraordinary teamwork, often caring for hundreds of patients daily and highlighting the power of collaboration.

Embodying the Spirit of Human Connection: In solidarity with the brave people of Ukraine, our dedicated teams have delivered essential medical care amidst ongoing challenges. With empathy and kindness, we witnessed the profound impact of human connection—where a simple touch conveyed hope and support. Our volunteers traveled across the globe to provide critical services, embodying the spirit of compassion that defines IMR.

Disaster Relief: Answering the Call: When Hurricane Beryl devastated St. Vincent and the Grenadines, IMR swiftly mobilized to assess needs and provide crucial relief. This rapid response underscores our commitment to serving communities when they need us most.

Families United in Service: 2024 saw an inspiring surge in family service travel. From Peru to the Gulf of Thailand, families joined our medical teams, strengthening bonds while making a tangible difference. These shared experiences not only provided essential healthcare but also fostered deeper cultural understanding and appreciation.

Recreating Smiles: Harnessing the capabilities of technology, Aspen Dental volunteers with IMR in Ecuador used 3D printers to craft personalized 3D printed partials, elevating smiles and multiplying the positive effect of the team's efforts. This initiative goes beyond dental innovation; it's a testament to what can be achieved when diverse skills converge for a shared purpose.

Youth Engagement: Shaping Future Leaders: We've expanded our reach to classrooms worldwide, hosting students from graduate schools to middle schools. These young volunteers have shown incredible enthusiasm, preparing critical supplies and participating in global health initiatives. Their involvement not only supports our mission but also cultivates the next generation of compassionate leaders.

Local Compassion, Global Impact: Right here in Colorado, our teams demonstrated that compassion knows no borders. Volunteers distributed winter essentials to local shelters, proving that our mission of care extends from our backyard to the far corners of the world.

Inspiring Acts of Kindness: We were deeply moved by eight-year-old Tereza, a Ukrainian refugee, who donated her cherished belongings to children in need. Her selfless act reminds us that even the smallest gestures can create significant change and inspire others to give.

Education: The Key to Sustainable Change: Throughout our missions, we've prioritized health education, empowering communities with knowledge and resources for healthier lives. This focus on sustainable learning ensures our impact extends far beyond our physical presence.

A Heartfelt Thank You! Your support has been the cornerstone of our success. As one volunteer expressed, "I am proud to be part of the important work that IMR does for humanity." This sentiment echoes the impact of your generosity. As we look to the future, we remain committed to building a healthier world through partnerships, collaboration, and sustainability. Your continued support will help us reach even more communities, bringing hope and healing where it's needed most.

Thank you for being an integral part of our mission. Together, we've made 2024 a year of remarkable compassion and impact. Here's to another year of changing lives and inspiring hope!

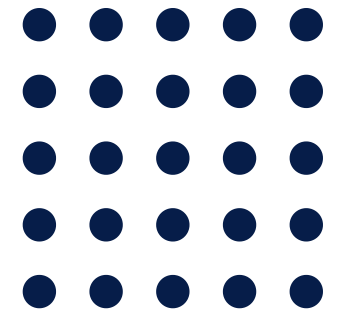
With heartfelt gratitude,
Shauna King
President & Founder



IMR embodies the spirit of care and compassion. Our unwavering dedication is a beacon of hope, transforming lives and fostering community and well-being.

IMR unites access, education, partnership, and compassion to create lasting impact worldwide. By empowering communities and equipping volunteers, International Medical Relief transforms our clinics into sustainable pathways for health and hope.

COMPASSION IN ACTION



HEALTH ACCESS AND HEALTH LITERACY

- ▶ Expanding care while teaching preventive practices to strengthen communities long-term.

COMMUNITY LED PARTNERSHIPS

- ▶ Building sustainable programs through local collaboration and cultural respect.

VOLUNTEERS AT THE CENTER

- ▶ Supporting alumni, families, students, and first-time volunteers as the heartbeat of IMR's work.

MENTAL HEALTH & WHOLE PERSON CARE

- ▶ We prioritize emotional well-being by integrating mental health support and trauma-informed care throughout clinic.



"In a fun little town, this is our second IMR trip. Decided to come back and bring the whole family. The people are lining up and grateful to have us here. We're having a really great time. It's been fun to work together as a family. There is always something to do... I love it... It's awesome.....There is a lot of opportunity for everyone" - Westover family,



"My son and I attended a mission in the Dominican Republic. I am a physician and my son is an EMT. We had an outstanding time providing assistance to those in need, working closely with other team members who we connected with quickly and listening to the guidance of our team leader, who made the whole experience run smoothly. It was a great bonding experience for my son and I while we were assisting others and bonding with volunteers from around the country. We highly recommend it to anyone, including families looking to make a difference in the world while participating with a great organization, IMR! We are looking forward to our next chapter with IMR!" - Dr. Joe Richards - Dominican Republic

FAMILY SERVICE

International Medical Relief has become the preeminent leader in family-based medical missions, creating meaningful opportunities for families to serve side by side in communities around the world. In 2024, seven families joined a 25-person team in the Gulf of Thailand, proving that service not only brings healing to those in need but also forges stronger bonds and lifelong empathy within families themselves. Through shared purpose, cultural immersion, and hands-on care, IMR empowers families to create memories rooted in compassion—and to pass the spirit of service on to the next generation.



TEAMS IN SERVICE

“Just returned from an incredibly rewarding medical/dental mission trip with International Medical Relief (IMR) to Quito, Ecuador with my son Eli!

The past week has been nothing short of life-changing as we worked closely with a dedicated team of volunteers and medical and dental professionals from all over the US & Ecuador to provide much-needed medical and dental care to those in need.

The resilience, warmth, and strength of the people we met in Quito left a lasting impression on us. It was a reminder of the universal power of compassion and kindness, and the importance of coming together to help one another, no matter where we come from.

Eli and I shared countless unforgettable moments as we contributed to a cause greater than ourselves. *from a 1-month-old to patients in their 80s... We'll be back.*”

—*Dr. Sarah, Ophthalmologist, Ecuador*

At International Medical Relief, we believe the most powerful change happens when people come together. Whether you are part of a medical or dental office, hospital staff, a foundation, or simply a group of friends, IMR offers the opportunity to serve side by side in communities that need it most.

By stepping into the field as a team, you not only transform the lives of patients—you transform one another. Shared service builds lasting bonds, strengthens teamwork, and inspires purpose. From boosting employee morale to fostering collaboration and compassion, the ripple effects of your impact extend far beyond the clinic. Together, you'll bring healthcare, hope, and happiness to those who need it most—and return with a renewed sense of connection, meaning, and possibility.

▶ **52+ GROUPS** partnered with IMR this year—from universities to clubs to professional teams—strengthening morale while changing lives.

▶ **INTERN COHORT** is stronger than ever. The momentum of our interns reached new heights as they built training tools, prepared deployment supplies, managed data, crafted social media, and kept deployments humming. Weekly alumni volunteers kept the warehouse—and our heartbeat—steady.





"I want to begin by saying that this is the most organized international medical mission organization with which I have had the pleasure to be involved. I marvel at the meticulous planning, detail and thought put into making certain that you bring your clinical expertise to the underserved community while simultaneously enjoying your stay in the country of service. Your time is not wasted. I certainly felt absolutely fulfilled at the end of my service last week to the lovely people in Quito, Ecuador. I signed up for another as soon as I came back stateside! It is life changing. I felt as though I was living the highest version of myself and doing what I was born to do. I highly recommend going on a journey with IMR and being the good in the world that you would want to see."



2024 IMPACT

1484
VOLUNTEERS

24,576
PATIENTS

624
COMMUNITIES



Dental missions have long played a vital role in global health, bringing essential care to underserved communities worldwide. In 2024, groundbreaking technologies are transforming how this care is delivered. The integration of Teledentistry and 3D printing has revolutionized dental outreach, making care more accessible, efficient, and effective than ever before. These tools are helping bridge the gap for populations with limited access to professional dental services—reshaping the landscape of dental missions and elevating the standard of care across the globe.



DENTAL INNOVATION



3D printing, in particular, has made remarkable strides in mission settings. This technology allows dental professionals to design and produce customized prosthetics, partials, and dentures with extraordinary precision—delivering solutions in hours rather than weeks. Patients in remote areas can now receive high-quality dental partials or dentures on the same day as their consultation, dramatically improving both access and outcomes. By combining the reach of teledentistry with the speed and accuracy of 3D printing, IMR dental missions are setting a new standard of innovation, compassion, and impact in global oral health.

DISASTER RELIEF



Standing With Ukraine: Two years on, IMR's commitment never wavered. Multi-specialty teams brought mental-health care, cardiology, orthopedics, pediatrics, OB-GYN, and family medicine to those bearing the weight of war. We will remain as long as we are needed.

COMPASSION ON THE FRONT LINES: St. Vincent & the Grenadines (Hurricane Beryl): An embedded assessment team worked in punishing heat to map needs and plan targeted response with local leadership. DART interest surged as volunteers answered the call.



www.imrus.org/disaster-relief-emergency-response

"It's so hard to sum up in words what this past week has meant to me....but getting to give back while doing the job I love, for a community of people so grateful to receive seldom medical care, has left an imprint on my heart " - Diana, RN

LOCAL IMPACT

CSR Champions: Local partners powered logistics, scrubs packing, and supply kitting—proof that global impact begins in our own neighborhoods.

Shelter & Street Medicine: Colorado volunteers modeled whole-person care at home.



BUILDING CAPACITY

At International Medical Relief, we know that the greatest legacy of our missions is not only the care we provide today, but the stronger health systems we leave behind. That's why training local healthcare staff is at the heart of our work. By equipping community physicians, nurses, and students with clinical skills, preventive care strategies, and public health education tools, IMR helps cultivate the next generation of healthcare leaders.

Reciprocal learning during medical missions promotes mutual development and insight, as healthcare providers and local communities share knowledge and skills. This exchange enhances both the quality of care and cultural understanding. These sessions—held in local clinics and hospitals—strengthened the confidence, competence, and capacity of local staff, directly improving patient outcomes and expanding access to quality care.

By investing in local healthcare teams, IMR ensures that the impact of each mission continues long after our volunteers return home.



BUILDING CAPACITY

At International Medical Relief, building capacity goes far beyond the days our teams are on the ground. Each year, we strengthen health systems and support local economies through intentional investments that create lasting impact. From the medicines stocked on the shelves to the scrubs on a provider's back, IMR's commitment to building capacity ensures that every mission strengthens the communities we serve. Together, with our volunteers, local partners, and staff, we are investing in healthier futures—one hospital, one clinic, and one family at a time.

Equipping Hospitals and Clinics

IMR's donations of medicines and medical equipment extend the reach of our mission long after our volunteers return home. These critical supplies allow clinics and hospitals to care for patients between IMR's visits, creating continuity of care and building stronger, more resilient health systems. In addition, IMR has outfitted hospitals and clinics with essential scrubs and lab coats, ensuring that healthcare professionals have the tools they need to provide dignified, safe, and professional care.



Sustaining Local Employment

IMR believes in empowering communities by investing in people. We hire staff locally and provide fair wages for year-round support, helping families build stability and opportunity. In addition to permanent positions, IMR generates temporary employment during programs by compensating community members for their roles in meal preparations, clinic logistics, transportation, translation, and other essential services. These wages ripple through communities—supporting households, fueling local economies, and reinforcing our belief that sustainable health care is rooted in community partnership.

GLOBAL IMPACT GLIMPSE

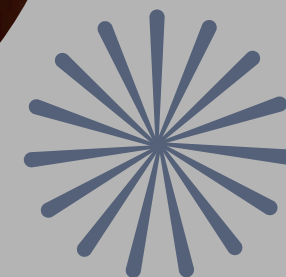
EUROPE

Belgium/Ukraine Response: Multi-disciplinary teams served refugees with primary care, mental health, and health-literacy support. Alumni leadership anchored continuity of care.



From on-site psychiatric interventions to rapid stroke assessments, teams provided the right expertise at the right moment—because preparation and partnership save lives.

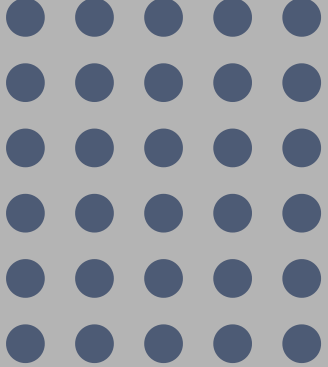
“I am very proud to be a part of the important work that IMR does for humanity... Our teams share common values and friendships that last for years.”
—Iryna L., Ukrainian Psychologist & IMR Team Leader



GLOBAL IMPACT GLIMPSE

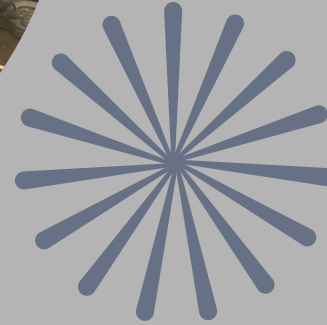
AFRICA

On one Tanzania deployment, 50 IMR volunteers and local clinicians served 1,000+ patients in four days, setting a new bar for collaborative service. Community engagement and joy-filled waiting areas as care expanded beyond the exam tables.



Rwanda & Uganda: Oral-health education reached schools; hundreds of toothbrushes and hands-on practice created lasting habits. Soccer balls and smiles followed the learning home.

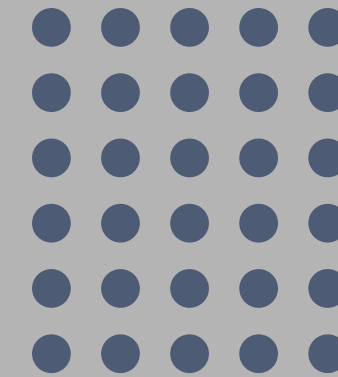
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GLOBAL IMPACT GLIMPSE

AMERICAS

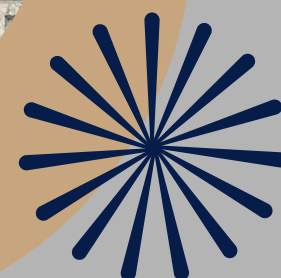
Peru (Sacred Valley & Amazon Rainforest): Teams navigated extreme heat to deliver care and education. A rainforest team of 42 volunteers provided sustained services—women’s health classes, ultrasound imaging, and community trainings—while alumni-led clinics and farewells filled with gratitude.



Guatemala: All-female and mixed teams served coffee-growing communities in the mountains. In two clinic days, one team reached 500+ patients and distributed 128 pairs of reading glasses, alongside nutrition and hydration education.

Dominican Republic: Family teams and bilingual providers improved access to primary and dental care.

Belize (Hospital Partnership): Barco Uniforms outfitted clinicians—an investment in dignity, unity, and professional identity recognized by local hospital leadership.



GLOBAL IMPACT GLIMPSE

ASIA

Cambodia: Dermatology, OB-GYN, ER, and family medicine teams collaborated with the Doctor Alliance of UYFC to deliver consults, referrals, and comprehensive treatment.



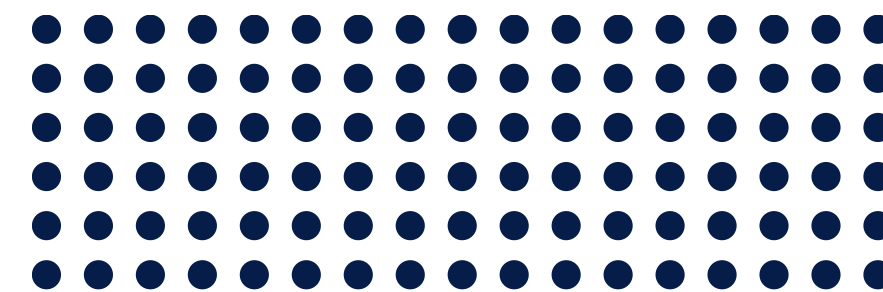
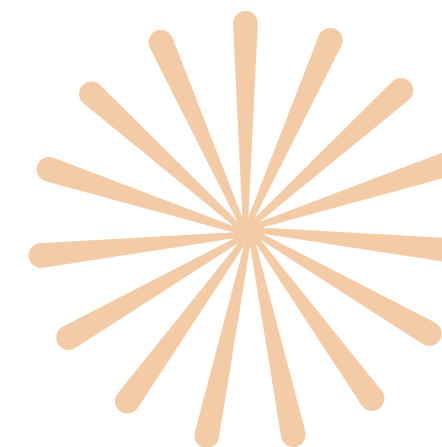
Philippines (Mindanao): With Denver College of Nursing and local partners, volunteers traveled seven hours into the hills to expand care and teach the next generation.

Nepal: Clinical service and a Manaslu-region expedition blended cultural immersion with sustainable education—nurses taught at multiple stops while teams trekked remote trails.

Borneo: Health education in schools and cultural exchange in an Iban longhouse showcased IMR's commitment to culturally respectful care.



Accountability & Transparency



IMR BOARD

Shauna King

Ann Wertz

Tanja Thompson

Patrice Light

Rob Mabary

International Medical Relief is a transparent, non-profit organization that provides humanitarian assistance through medical relief. We are transparent in our mission, our work, our finances, and our operations. We believe in complete financial reporting and disclosure, and board and management fiscal responsibility for our operations.

International Medical Relief is recognized as a tax-exempt organization under Section 501(c)3 of the Internal Revenue Code. Your gifts to IMR are tax-deductible in the United States to the extent allowed by law. For more information about our financial or non-profit status, you can contact us by phone 970-635-0110 or via email at contact@imrus.org.

Community Health Training
\$20,846,589.00

Medical Treatment Cases
\$20,835,220.24

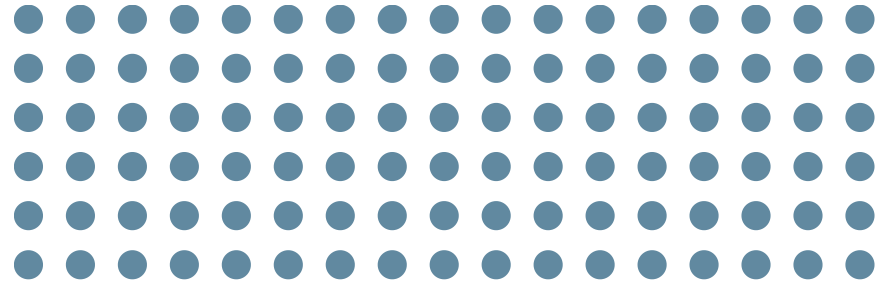
Clinic Operations
\$2,753,000.00

Clinic Supplies
\$37,050,000.00

TOTAL
\$81,484,809.24

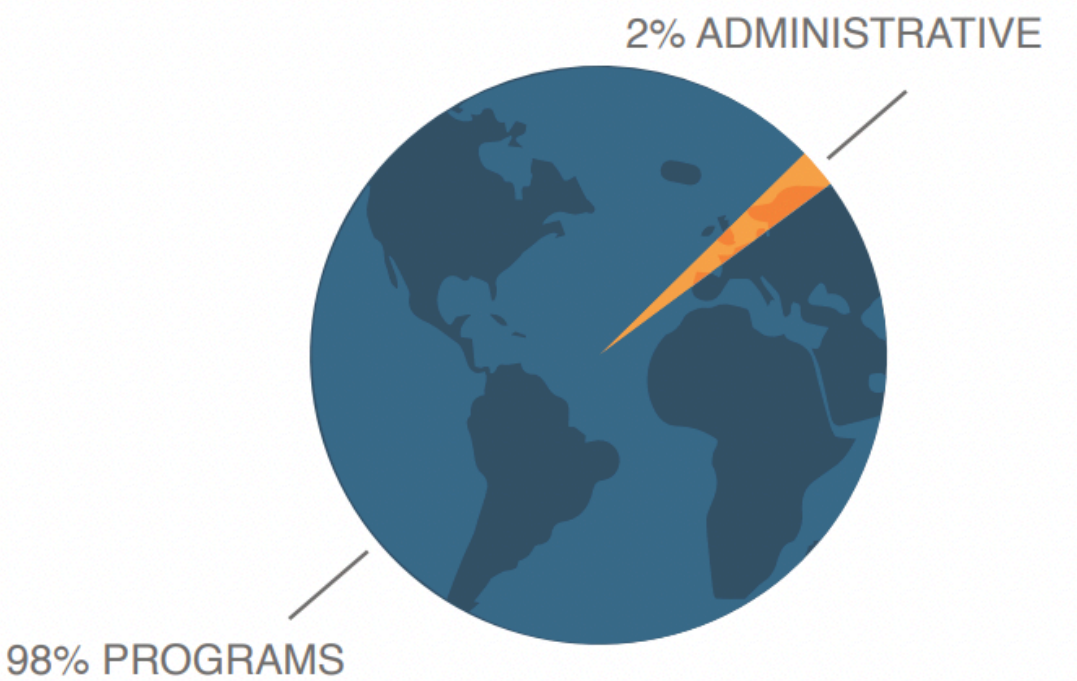


Financial Statements



These statements present the financial position of International Medical Relief for Fiscal Year 2024, which runs from January 1 through December 31. All figures are reported in accordance with generally accepted accounting principles in the United States of America.

For every \$1 donated to International Medical Relief, more than \$52 in medicines, medical supplies, and medical services are donated to those in need.



Putting Your Dollars To Work

Use of Funds

International Medical Relief operates with just 2% administrative and fundraising costs, so that 98 CENTS of every dollar donated is invested directly into our programs



HIGHLIGHTS

Words of our Patients



¡Gracias infinitas a International Medical Relief por su visita al hogar de acogida de ancianos Apaktone, ha sido un verdadero regalo para nuestros residentes y todo nuestro equipo.

Su labor de voluntariado ha hecho una diferencia en la vida de aquellos que más lo necesitan.

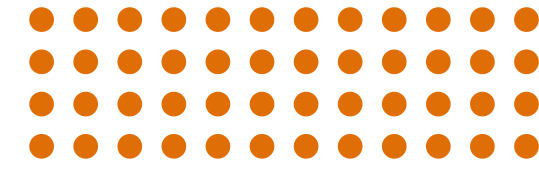
“Asanti Sana”



HIGHLIGHTS

Words of our Volunteers

"I am beyond grateful to have been able to join International Medical Relief in their medical mission to Belize last week. We set up clinics in two villages and were able to provide healthcare to those who needed it. I got to shadow some amazing physicians and meet so many nice people. I loved learning about the Belizean culture and I hope to come back soon!" - Carolyn, IMR Team Belize Jan 2024



HIGHLIGHTS

Words of our Volunteers



My journey with International Medical Relief was to the Thailand Gulf serving some of the remote communities of Cambodia. I worked as a EMT-Paramedic in the Triage section of the clinics. I can fully say without a doubt this was a truly enlightening experience and one of the highlights of my life and my career as a Paramedic so far.

I served with a wonderful group of experience, compassionate, and highly motivated of healthcare professionals and volunteers from all across the United States. Along with them, we worked with a great group of Cambodian translators, and treated many wonderful citizens of the island communities. The work was difficult some days but was one hundred percent fulfilling. The difference we were making in these peoples' lives was palpable, and it truly felt like we were making a difference.

The leadership for our team were some of the best leaders I have ever worked under. They were prompt and detailed in all of our teams needs and instructions, and helped us and guided us along every step of the way. As this was not only my first IMR mission, but my first ever trip outside the continental United States, I do not think I could have been more comfortable with this team. I felt like I was truly being looked out for.

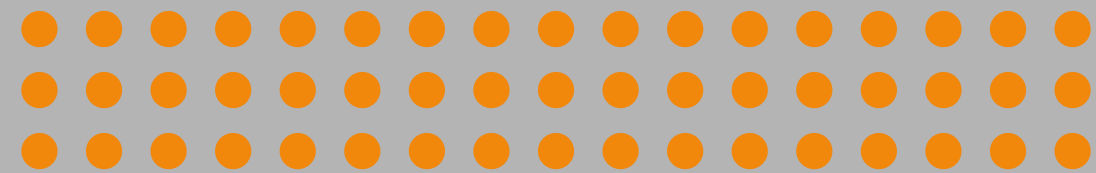
For any healthcare provider or volunteer who is interested in international health missions, I would highly recommend checking out International Medical Relief. This recommendation is especially for those who have never traveled to any foreign nations or have ever done any international work like this, because this was my first time doing either and I greatly enjoyed it.

Great Team, Great Company, Great Leaders, Great Accommodations and Great Clinic Work.

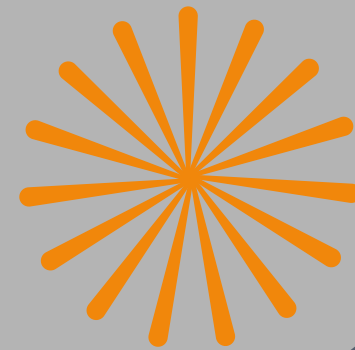


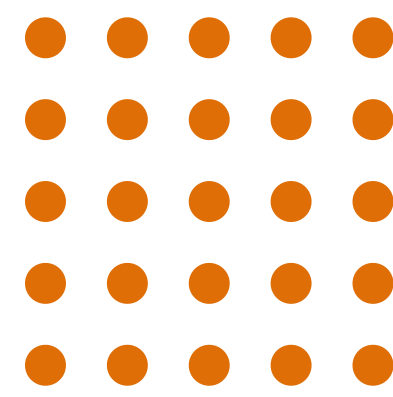
HIGHLIGHTS

Words of our Volunteers



My experience with IMR has been nothing short of amazing! I have always had a heart to serve and IMR provided me with the opportunity to do just that. Providing medical care and education to those who are always SO grateful to receive it has been one of the most impactful things I have ever done. International Medical Relief is super dedicated to providing medical care that helps the community long term. The trips are super organized, and IMR's goals are evident throughout. It truly was the best experience from arrival to departure. Dawn, RN





HIGHLIGHTS

Words of our Volunteers

As a young EMT I have gotten to work with International Medical Relief in my home state of Colorado, and I cannot express how amazing and important the work that IMR does is! Everyone at IMR is so dedicated to serving an international community and promoting health and well being globally. My time with IMR has been nothing short of incredible and life changing and I am so excited to keep seeing what impact IMR has on the world, because I know that it is going to be incredible!



HIGHLIGHTS

Words of our Volunteers

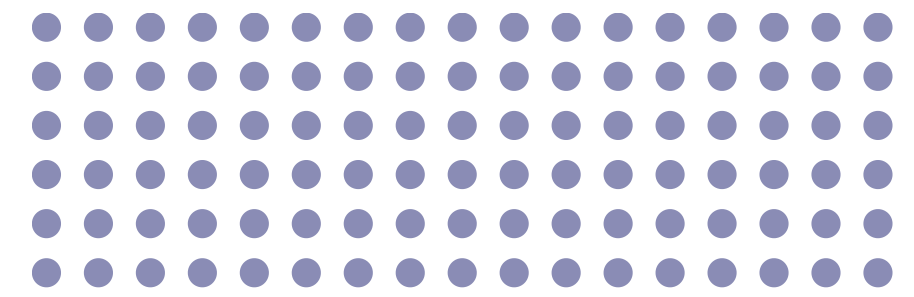
I have completed two trips with IMR (Honduras 2023 and Peru 2024) and each one has made me want to sign up for another for every month of the year! I love working with this organization because of its passion for providing the best care for patients who need it! They have strong relationships with local hosts and medical centers that help advocate and arrange for patients to get the care they need most. One clinic day that stands out the most to me was on my trip to Peru in 2024 when we had 3 local care providers (dentist, therapist and social worker) present at our clinic and helped provide care onsite and coordinate follow-up care for every patient that asked for it.

This company is efficient and effective in their communications, prompt in responses to questions and are prepared for all kinds of scenarios! Trip mottos are "be flexible" because anything can happen, and they always have a plan for it! They also advocate for breaks for the providers/volunteers on the trips. They allow for sightseeing (and even help schedule and arrange excursions), exploring the cities and meeting the locals.

I recommend this company to all my coworkers in the healthcare field, as well as all my friends and any non-medical persons interested in traveling. Anyone and everyone can give in some way and everyone is valued!



Stay Involved!



VOLUNTEER

PARTNER

INVEST

TRAIN

Volunteer: Medical, dental, mental-health, and non-medical roles welcome—alumni, families, students, and first-timers.

Partner: Universities, hospitals, medical and dental practices, foundations, faith communities, and corporate teams—co-create sustainable impact.

Invest: Your gifts fund medications, diagnostics, education materials, and local partnerships that multiply outcomes.

Train: Join monthly briefings; help us expand mental-health first aid, oral-health programs, and community educator cohorts.



**THIS STORY ISN'T FINISHED!
COME WRITE THE NEXT CHAPTER WITH US!**



International
MedicalRelief

